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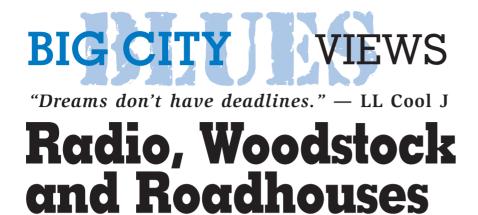


TAB BENOR

HEAR THUNDER



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"Well, you know the blues had a baby and they named it rock and roll. Muddy Waters said it - the blues got soul..." From Muddy Waters' "Hard Again" released on January 10, 1977, produced by Johnny Winter and won a Grammy in 1978.

First provide the second secon

Big City Rhythm & Blues Magazine's photographer/publisher Shirley Mae Owens at KKFI 90.1FM, Kansas City, MO was a deejay form 1989-1999





Levon Helm's gravesite is next to the Colony in Woodstock.

Underground Garage so much that he even started a "Coolest Blues Song of the Year" Award. Then a few years ago he discovered Palmyra Delran's Trash Pop Shindig show and really liked what he heard, especially the fact that she was from his hometown of Philly. Unfortunately, they never got to meet but I have been trying to carry on his dreams. When I saw that Palmyra was planning on performing at the Colony in Woodstock on Sept. 14th, I began putting it together. I was happy to be back in Woodstock staying with Joni & Rob at their fabulous Logstock where Junior and I were their first guests in 2011 when we we were invited to Levon Helm's Midnight Ramble for New Year's Eve. From Logstock it is a short walk down to the Colony. I first stopped by Levon Helm's grave that

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DJs — Palymyra Delran & Steven Van Zandt - Lttile Steven's Underground Garage, SiriusXM Channel

is next to the Colony's outdoor stage. Big thanks to Palmyra & The Doppel Gang and Genya Ravan. And thank you LIttle Steven for all you do and inspiring this cover shoot and the radio issue. Besides radio. I also want-

Albert White, Tom Davis, Robert Jr. Whitall & Carlin "C-Note" Smith, Blind Willie's, Atlanta, Ga, 2/19/17.



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ed to write more about the Woodstock music scene and other historic roadhouses like the Colony but the radio theme ruled, duickly filling up most of the pages. I do love roadhouses like the Dew **Drop Inn.Slipperv Noodle** Inn, the Stanhope House and my Up North roadhouse Little Traverse Inn that is on scenic M-22. It offers good food, music and a room. Plus. Little Traverse Inn owners Graeme and Michelle offer "Travel With Us" destination immersion tours, for more info: littletraverseinn.com.

Big, big thanks to the Legendary Rhythm & Blues Cruise and cruisers! Big City Rhythm & Blues Magazine has sailed on every ship since its inception and looking forward to #42 January 26-February 2, 2025. For more details visit www.bluescruise.com.

Take the high road, when you get to a crossroads, take it, may the river be with you, may the wind be at your back, surf's up, mahola, aloha and don't forget to boogie!

Happy New Year! See you next year!

Hope, peace, love & happiness. Best

Shirley Mae aka "Sugar"

Owens

Top 11 Songs on Junior's Jukebox

1. Tab Benoit - I Hear Thunder 2. Shemekia Copeland - Blame It

- On Eve 3. Bobby Cristina's Caravan - True Blues Brother: The Legacy of
- Matt "Guitar" Murphy 4. Fabulous Thunderbirds - Struck
- Down 5. Ronnie Baker Brooks - Blues In
- Mv DNA
- 6. Sue Foley One Guitar Woman Kenny Wayne Shepherd - Dirt On My Diamonds
 Duke Robillard - Roll With Me
- 9. Mike Zito Life Is Hard
- 10. Christopher Wyze -& The Tellers - Stuck In The Mud
- 11. Big City Rhythm & Blues Magazine CD Sampler #36 Imagine



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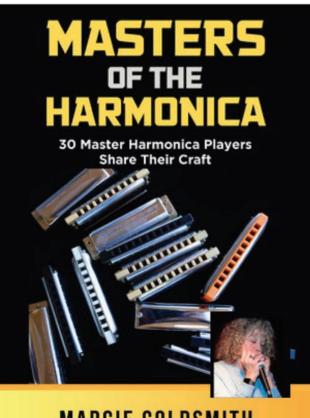
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